



Hope Recovery Community Center of Washington County
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April 2022

Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
28 NEW bi-weekly Grief Support Group Saturdays 9:30-11am!	29	30	31	1 V-NAMI Connection 10-11:30a V-All Recovery 2-3p	2/3 P-Grief Support Group Sat 9:30-11a P-AA Newcomers Sunday 5-6p
4 V-Women's AR 10-11a V-Mindfulness 11:30-12p V-Life Skills 1-2p V-All Recovery 2-3p P-AA Meditation 5:30-6:30p	5 P-HIV/HepC Testing 9am-12p – gift cards! V-Inspo 10:30-12p V-H.O.M.E. 12:30-1:30p V-All Recovery 2-3p V-LGBTQ+ 5-6p	6 P-Yoga 9-10a P-Wellness Art 10-11a P-Gong Bath 11-12p V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p V-Smart Recovery 12-1:30p V-All Recovery 2-3p	7 V-Recovery Dharma 11-12p V-Reflective Journaling 12-1p V-All Recovery 2-3p	8 V-NAMI Connection 10-11:30a V-All Recovery 2-3p	9/10 P-AA Newcomers Sunday 5-6p
11 V-Women's AR 10-11a V-Mindfulness 11:30-12p V-Life Skills 1-2p V-All Recovery 2-3p P-AA Meditation 5:30-6:30p	12 V-Inspo 10:30-12p V-H.O.M.E. 12:30-1:30p V-All Recovery 2-3p V-LGBTQ+ 5-6p	13 P-Yoga 9-10a P-Wellness Art 10-11a P-Gong Bath 11-12p V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p V-Smart Recovery 12-1:30p V-All Recovery 2-3p	14 V-Recovery Dharma 11-12p V-Reflective Journaling 12-1p V-All Recovery 2-3p	15 V-NAMI Connection 10-11:30a V-All Recovery 2-3p	16/17 P-Grief Support Group Sat 9:30-11a P-AA Newcomers Sunday 5-6p
18 V-Women's AR 10-11a V-Mindfulness 11:30-12p V-Life Skills 1-2p V-All Recovery 2-3p P-AA Meditation 5:30-6:30p	19 V-Inspo 10:30-12p V-H.O.M.E. 12:30-1:30p V-All Recovery 2-3p V-LGBTQ+ 5-6p	20 P-Yoga 9-10a P-Wellness Art 10-11a P-Gong Bath 11-12p V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p V-Smart Recovery 12-1:30p V-All Recovery 2-3p	21 V-Recovery Dharma 11-12p V-Reflective Journaling 12-1p V-All Recovery 2-3p	22 V-NAMI Connection 10-11:30a V-All Recovery 2-3p	23/24 P-AA Newcomers Sunday 5-6p
25 V-Women's AR 10-11a V-Mindfulness 11:30-12p V-Life Skills 1-2p V-All Recovery 2-3p P-AA Meditation 5:30-6:30p	26 V-Inspo 10:30-12p V-H.O.M.E. 12:30-1:30p V-All Recovery 2-3p V-LGBTQ+ 5-6p	27 P-Yoga 9-10a P-Wellness Art 10-11a P-Gong Bath 11-12p V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p V-Smart Recovery 12-1:30p V-All Recovery 2-3p	28 V-Recovery Dharma 11-12p V-Reflective Journaling 12-1p V-All Recovery 2-3p	29 V-NAMI Connection 10-11:30a V-All Recovery 2-3p	30/ May 1 P-Grief Support Group Sat 9:30-11a P-AA Newcomers Sunday 5-6p

LEGEND:
 AA = Alcoholics Anonymous
 H = Hybrid (virtual or in person)
 H.O.M.E. = Welcome H.O.M.E.
 Inspo = Inspirational Intentions
 P = In Person
 V = Virtual

SAME ZOOM LINK EXCEPT SMART

<https://us02web.zoom.us/my/hoperecovery> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462

CALL HOPE RECOVERY WARM LINE 401-598-6400 FOR PEER SUPPORT M-F 8AM-4PM
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT