



Hope Recovery Community Center of Newport County
 294 Valley Rd #6, Middletown RI 02842
 p: 401-324-5861 f: 401-324-7196 fb: @HopeNewportCounty
 e: hoperecovery@psnri.org w: hoperecoverycenter.org

April 2022
 Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
28	29 V-Inspo10:30-12p V-Welcome Home 12:30-1:30p H-LGBTQ+ 5-6p	30 V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p H-Smart Recovery 12-1:30p H-All Recovery 2-3p	31 H-Recovery Dharma 11-12p P-Wellness Art 12-1p V-Reflective Journaling 12-1p	April 1 H-NAMI 10-11:30a H-All Recovery 2-3p	2/3
4 H-Women's AR 10-11a V-Life Skills 1-2p H-All Recovery 2-3p	5 V-Inspo10:30-12p V-Welcome Home 12:30-1:30p H-LGBTQ+ 5-6p	6 V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p H-Smart Recovery 12-1:30p H-All Recovery 2-3p	7 P-Yoga 10-11a H-Recovery Dharma 11-12p P-Wellness Art 12-1p V-Reflective Journaling 12-1p	8 H-NAMI 10-11:30a H-All Recovery 2-3p	9/10
11 H-Women's AR 10-11a V-Life Skills 1-2p H-All Recovery 2-3p	12 V-Inspo10:30-12p V-Welcome Home 12:30-1:30p H-LGBTQ+ 5-6p	13 V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p H-Smart Recovery 12-1:30p H-All Recovery 2-3p	14 P-Yoga 10-11a H-Recovery Dharma 11-12p P-Wellness Art 12-1p V-Reflective Journaling 12-1p	15 H-NAMI 10-11:30a H-All Recovery 2-3p	16/17
18 H-Women's AR 10-11a V-Life Skills 1-2p H-All Recovery 2-3p	19 V-Inspo10:30-12p V-Welcome Home 12:30-1:30p H-LGBTQ+ 5-6p	20 V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p H-Smart Recovery 12-1:30p H-All Recovery 2-3p	21 P-Yoga 10-11a H-Recovery Dharma 11-12p P-Wellness Art 12-1p V-Reflective Journaling 12-1p	22 H-NAMI 10-11:30a H-All Recovery 2-3p	23/24
25 H-Women's AR 10-11a V-Life Skills 1-2p H-All Recovery 2-3p	26 V-Inspo10:30-12p V-Welcome Home 12:30-1:30p H-LGBTQ+ 5-6p	27 V-Yoga 9-10a V-Spanish AR 10:30-11:30a V-Recovery Dharma 12-1p H-Smart Recovery 12-1:30p H-All Recovery 2-3p	28 P-Yoga 10-11a H-Recovery Dharma 11-12p P-Wellness Art 12-1p V-Reflective Journaling 12-1p	29 H-NAMI 10-11:30a H-All Recovery 2-3p	30 NOTE: you can now join us in person for some meetings

LEGEND:
 AR = All Recovery
 H = Hybrid (virtual or in person)
 Inspo = Inspirational Intentions
 NAMI = NAMI Connection
 P = In Person
 V = Virtual

SAME ZOOM LINK EXCEPT SMART
<https://us02web.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462

CALL HOPE RECOVERY WARM LINE 401-324-5861 FOR PEER SUPPORT M-F 8AM-4PM
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT
 MIDDLETOWN MEETINGS HIGHLIGHTED IN YELLOW